

# Prayers Grade 10

## **AN ACT OF CONTRITION**

### **I CONFESS**

I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I asked blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God.

## **THE TEN COMMANDMENTS**

1. I am the Lord your God. You shall not have strange gods before me.
  - Whom or what do you worship? Today's idols are most likely to be things such as a successful career, a lot of money, a great body, popularity, the right clothes, a big car, sports and power or fame. These things become idols if you place their importance above everything else.
2. You shall not take the name of the Lord your God in vain.
  - Forbids the abuse of God's name (including every improper use of the names of God and Jesus), but also of the Virgin Mary and all the saints,
3. Remember to keep holy the Lord's Day.
  - In parishes, all faithful gather together for the Sunday celebration of the Eucharist.
4. Honor your father and your mother.
  - God is our Father, by respecting and obeying our parents, we are honoring God.
5. You shall not kill.
  - Includes murder, abortion, suicide, euthanasia, etc. (All life is sacred)
6. You shall not commit adultery.
  - Adultery is when a married person voluntarily takes part in sexual relations with someone other than his/her lawful spouse.
7. You shall not steal.
  - Forbids us from unjustly taking or keeping anything that belongs to another person. It calls us to respect others' right to private property.
8. You shall not bear false witness against your neighbor.
  - "If you can't say anything nice, then don't say anything at all". Whenever you deliberately give others false information to mislead them or prevent them from knowing the truth that they have a right to know. There are many types of lies, and there are many reasons for lying. All lies break this commandment.
9. You shall not covet your neighbor's wife.
  - To covet is to wrongfully desire what someone else has. Thinking or desiring another's spouse is wrong.
10. You shall not covet your neighbor's goods.
  - Forbids us from coveting, or desiring, anything that belongs to another person, as such desire is the root of theft, robbery, and fraud. Avoid avarice, the thirst for riches.

## **Golden Rule**

Do unto others as we would have them do unto us.